BCM ARYA MODEL SR. SEC. SCHOOL
Shastri Nagar, Ludhiana

Presents

The Aryan Times

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NATIONAL ASTRONOMY & SCIENCE OLYMPIAD (NASO)





EXCELLENCE IN STUDENT DEVELOPMENT



INITIATORS OF CHANGE PUNJAB SEWA AWARD

ABHINANDAN Toppers' Day 2026: *A Celebration of Excellence*

Excellence soared, aspirations found applause, and achievement took centre stage as BCM Arya hosted Abhinandan – Toppers' Day 2026 with grandeur and pride.The ceremony was graced by **Chief Guest Mr. Vikram, Guest of Honour Sh. Ranjit Nayyar and Mrs. Shelly Nayyar, alongside School President Sh. Rakesh Jain, Vice Presidents Sh. Vinod Sehgal and Sh. Vyas Bembi, Secretary Capt. V. K. Sayal, Director Dr. Paramjit Kaur, Treasurer Sh. Sudhir Sayal** and Principal **Dr. Anuja Kaushal**, who joined the dignitaries for the ceremonial lamp lighting.

Welcoming the gathering, Dr. Anuja Kaushal congratulated the achievers and acknowledged the collective role of parents and teachers in shaping their success. The occasion also witnessed the release of **BCM Pride**, a special publication celebrating the remarkable achievements and inspiring journeys of the school's brightest scholars.

The two-phase Prize Distribution Ceremony became the heart of the celebration, honouring **260 meritorious students** and **50 teachers** with trophies, medals and certificates amid thunderous applause. Addressing the gathering, Mr. Vikram applauded the awardees and commended BCM Arya for nurturing confident, compassionate and future-ready leaders. The celebration culminated in a heartfelt Vote of Thanks, marking another proud milestone in BCM Arya's journey of excellence.











Editorial

The Year That Was… And the Future that Awaits

Some years are remembered for the events they witness; others become cherished milestones in an institution's journey. This year has been one such remarkable chapter for BCM Arya–as we stand at the threshold of an extraordinary new beginning.

This October, BCM Arya will steps into its Golden Jubilee celebrations, marking fifty glorious years of dreams nurtured, lives touched, aspirations kindled and generations shaped.

The Golden Jubilee is more than a celebration of fifty years; it is a celebration of a living legacy–a moment to look back with gratitude, look around with pride and look ahead with hope.

Dear Students,

As the celebrations begin, remember: the most meaningful chapter is yet to be written.

BCM Arya has opened countless doors for you to discover, create, lead and excel. Now, the future beckons you to carry its values forward. Discover your strengths, turn aspirations into action and let your choices give new meaning to the legacy entrusted to you.

Do not merely inherit this legacy–add to it. Enrich it. Make it your own.

Let your accomplishments take BCM Arya to new heights, and let its name shine wherever your journey leads, so that every BCMite can proudly say, "I belong to BCM Arya."

May every BCMite become a torchbearer of this legacy–dreaming beyond the familiar, reaching beyond the expected and inspiring generations yet to come.

The first fifty years have given us a legacy.

The next chapter is ours to write.

Let us dream bigger, reach higher and carry the spirit of BCM Arya beyond every horizon.

Mrs. Pooja Arora
Editor

INVESTITURE CEREMONY

Where Leadership Wears a Badge and Character Wears the Crown

Some mornings arrive dressed differently, and 14 July 2026 was one such morning at BCM Arya, when the auditorium resonated with pride, discipline, and purpose. The school formally **invested 107** newly elected members of the Student Council from the Senior and Primary Wings, entrusting them with the responsibility of leading by example and upholding the institution's cherished values. The sash and badge ceremony unfolded in two phases. In the first round, 48 student leaders proudly received their sashes and badges from the dignitaries, marking the beginning of their leadership journey. This was followed by the ceremonial investment of the remaining 59 council members. The spotlight then shifted to the newly appointed torchbearers: School Captain and Senior Head Boy Manrajpreet Singh Grewal, Senior Head Girl Gurrehat Kaur Soni, Primary Head Boy Furman Dhatt, and Primary Head Girl Lizaina Sharma. Each voice carried a quiet promise to the 107 young leaders beside them and to the countless students they would serve–with integrity, dedication, and compassion.



"Success is the sum of small efforts repeated day in and day out." –*Robert Collier*

KARMIC RESONANCE

BCM Arya's Vedic Karmayoga Camp 2026 Ignited a Journey of Self-Discovery





Amidst an aura of serenity, and spiritual awakening, BCM Arya organized its week-long Residential Vedic Karmayoga Camp 2026 from May 31 to June 6 bringing together **98 students from Classes VI to VIII.**

Inspired by the Gurukul tradition, students followed a disciplined routine beginning before sunrise with meditation, prayer, and fitness. The week featured personality grooming, creative hour, talent hunt, sports, fitness training and reflective activities, nurturing confidence, emotional well-being, and self-awareness. The concluding day was graced by **Sh. Sunil Trikha, Founder of Himalayan Yoga, Ludhiana,** along with **Sh. Rakesh Jain, President, Arya Samaj Model Town; Capt. V.K. Sayal, Secretary; and Dr. Anuja Kaushal, Principal.** His insightful session on mindful living, self-discipline, inner awareness, and the transformative power of yoga left a lasting impression on the young minds.



TechManthan 4.0 @ BCM Arya

Where Human Vision Meets AI Precision

Bringing together Technology, Media, and Finance, TechManthan 4.0 emerged as a vibrant celebration of innovation and future-ready learning.

With around **695** participants, including young innovators from **Nigeria and Dubai,** the event gained a truly international dimension.

Across **18 dynamic events,** in the two day extravaganza students explored creativity, communication, innovation, and financial acumen through engaging real-world challenges.

The grand closing ceremony celebrated the spirit of participation and achievement, reaffirming TechManthan 4.0 as a global confluence of young minds shaping the future.



Stepping Out– Standing Tall

Inter School Competitions

Northern India Science Fair

Showcasing remarkable scientific innovation, **Manik Sood (XII-CFS)** secured the **First Prize** at the Regional Level of the **Northern India Science Fair (NISF Foundation)**. His outstanding project earned him a **cash prize of ₹1,500**.



Solve X, 2026



Manik Sood (XII-CFS) showcased his project at E-Summit 2026, held at the **Acropolis University of Research &Technology, Indore.** Competing with students from across the country, he emerged as the **Second Runner-up,** winning a **cash prize of ₹10,000.**

Jugaad Mela 4.0

Kavin Verma (XII-MM) and **Jeevika (XII-MM)** secured the **First Prize** in the **Industrial Category,** winning a **cash prize of ₹5,000. Manraj Singh (XII-CFS)** and **Ishnoor Kaur (XII-NMA)** clinched the Second Prize in the Social Impact Category, along with a **cash prize of ₹3,000** wherein **Harshveer Singh (XI-NM A)** also secured the **Second Prize** in the Environment Category, winning **₹3,000.** Overall, the school earned an impressive cash **award of ₹11,000.**





Satyan Innovation Fest (SIF 6.0)

Our innovators won **Second Prize** and a **₹21,000** cash prize at Satyan Innovation Fest (SIF 6.0) for their performance in AI, robotics and technology challenges.

FUTURE TYCOONS

Our school teams Clean Check 360° excelled at Future Tycoons, organised by the **District Administration, Ludhiana,** securing **Third Prize** in the Open Category among 4,025 ideas. The team comprising **Mrs. Manpreet Kaur Arora (Teacher)** and **Harshveer Singh (XI NM B)** won a **cash prize of ₹10,000** and also seed funding worth **₹1 crore** along with free incubation at CICU.



MEDIA FEST: *BCM Basant Avenue*

Mahi Saluja (X-H), **Ridhaan Dutta** (X-D) and **Pranav Chhuneja** (X-E) secured **First Prize** in Ad Mad Show, while **Gurrehat Kaur Soni** (XII-CFT) and **Anhad Kaur** (XI-CFS) clinched **First Prize** in Debate, bringing home Overall Trophy.



NATIONAL RECOGNITION in Biodiversity Competition



Our students brought laurels to the school in Wipro Earthian– Biodiversity (Sustainability and Biodiversity), organized in collaboration with the Punjab State Council. **Kavish Gupta (XI CFT), Abner Dhanju (X G), Mahi Saluja (IX H), Yashika (IX H)** and **Aditi (IX B)** emerged as the State-Level Winners, earning a **cash prize of ₹3,000**.

Big Fish Pool – Season 4

The team comprising **Diya Sood, Kavneet Kaur** and **Angel Arora** of **Class VII-G** showcased outstanding innovation at Big Fish Pool– Season 4, held at CT University. The students secured the Second Prize, along with a **cash award of ₹7,200**, for their innovative project. Adding to their success, the team also received **₹10,000 in prototype** funding from Tekki Web.

SYNCHACK 2026



Manik Sood and Simarjot Kaur (XII CFS) won the **"Most Emerging Team"** title at SYNCHACK 2026–AI Powered IoT Battle, competing among 65 teams and also earned 100% scholarship at BML Munjal University and direct entry to the Heroes of Tomorrow 2026 Finale.

Waste to Best Innovation Challenge

Prabhnoor Kaur (VI-E) and **Shubhra (VI-F)** secured the **Third Prize (₹5,000)** in the Model Competition held at Nankana Sahib Public School.



STEM FEST – *PCTE Group of Institutes*

Results are as follows :

	Name	Class & Section	Achievement
1.	Madhav Angra	XII-MM	1st (₹3000/-)
2.	Yashica, Tanveer Dev Singh	X-H, X-E	2nd (₹1500/-)
3.	Sachman, Angel, Diya Singla, Vanya	XII Med., XII Med.	3rd (₹1000/-)
4.	Aarush	X-H	1st (₹3000/-)
5.	Kirandeep Kaur, Pranav, Devnoor, Ridhaan Batta	XI NM-C, X-E, X-F, X-D	1st (₹3000/-)
6.	Gurrehat Kaur, Kavish, Diya Jain, Aditya Arora	XII-CFT, XI CFS, XI CES	2nd (₹1500/-)
7.	Manrajpreet Singh, Harit Aggarwal	XII CFS XI CFS	2nd (₹1500/-)
8.	Madhyam Mridul Bhardwaj	X-B	1st (₹1500/-)



Showcasing her eloquence and oratory skills, Gurrehat Kaur (XII CFS) secured the **Second Position in the Giani Harjit Singh Memorial Inter-School Declamation Contest** organised by Gujranwala Guru Nanak Public School, Rose Garden.

YOUNG INNOVATORS Shine at IIT Delhi

Our team 'AirNova' secured a place among the Top 125 teams and earned medals and certificates. Adding to the achievement, the school received the **prestigious Platinum Award** in the categories of School of Innovation & Entrepreneurship Excellence and Participating Champions.



Startup Launch Pad, PCTE Ludhiana

Our team Peelastic comprising **Prabhnoor Kaur (VI E)** and **Shubhra (VI F)** secured the **Second Prize** along with a **cash award of ₹21,000**, while Air Nova comprising **Gurnoor Singh (X B), Vansh Gupta (X B)** and **Manraj Singh (XII-CFS)** bagged the **Third Prize** with a **cash award of ₹11,000**.



Vedic Mantras

Celebrating the rich legacy of Vedic wisdom and chanting, our students secured the **First Prize** in the Ved Mantras event organised by Ved Prachar Mandal, BCM School, Basant Avenue.



International Space Olympiad

Our students showcased their scientific aptitude in the online International Aerospace Olympiad, securing commendable global rankings. **Manrajpreet Singh Grewal (XII-CFS)** secured **Rank 16 (Gold), Harshveer Singh (XI-NM C), Rank 24 (Gold), Kirandeep Kaur (XI-NM C) Rank 25 (Gold), Harit Aggarwal (XI-CFS) Rank 38 (Silver)**, and **Abner Dhanju (XI-NM C) Rank 43 (Silver)**, bringing laurels to the school.

ENVIRONMENTAL INNOVATION

Demonstrating exceptional creativity and environmental consciousness, **Gurnoor Singh and Nanka Gupta (X-B)** secured the **First Prize** in the **Environment School Project Competition.** Their innovative project not only earned top honours but also contributed to the school being recognised as the Most Innovative School of Punjab.

Future Tech Olympiad 4.0

Students of Classes VII to XII showcased their technological aptitude in the Future Tech Olympiad 4.0, organised online in collaboration with IBM SkillsBuild. A remarkable 520 students participated, earning an impressive 86 medals, including Gold, Silver, and Bronze.



The India Quiz

Our Students excelled in The India Quiz – My India My Pride 3.0, organised by Twinning Quest (Wisdom Get Wings) on an online platform. Suhani (VII F) emerged as a Final Top 100 Qualifier, while Paridhi Jain (VII B), Myrah Gulati (VII B), Myra Narang (VII D), Manya (VII B), and Parth Kataria (VII B) received Appreciation Certificates.

CYBER SAFETY CUP
brings National Recognition

Our students delivered an outstanding performance in the Cyber Safety Cup, a National-Level Online Olympiad organised by IMIB and CBSE. **Navya Sethi (VIII-I)** secured the **Second Rank** and a **Gold Medal**, while **Arshnoor Kaur (VIII-A)** and **Kavya Sethi (VIII-I)** achieved the **Third** and **Fourth Ranks** nationally, also earning **Gold Medals.** Among 1,063 participants nationwide, the school achieved an impressive tally of **11 Gold, 23 Silver, and 21 Bronze medals.**



International Spelling Bee Competition

Budding scholars showcased their creativity and confidence in the International Spelling Bee Competition held in the school. Elisha Pahwa (II B), Awalnoor Kaur (II E), Gurnoor Kaur (III D), Prabhnoor Kaur (VI E), and Mansahib Singh (XI) secured the National Position along with cash prizes in their respective categories.

Expanding Horizons:
Global Exposures and Career Pathways

The University of Hong Kong

An insightful interaction with **Mrs. Prerna Tripathi**, Director Outreach, The University of Hong Kong.



SRM University, Chennai

Students gained valuable insights into diverse academic programmes and career pathways.



IIT Ropar Residential Boot Camp



Our students participated in an immersive Residential Boot Camp at IIT Ropar, gaining hands-on exposure to innovation, technology, and problem-solving.
Adding to the achievement, Prisha of Grade IX secured the First Runner-Up position in the Startup Pitch Competition.

Ic3 Counsellor Forum – Punjab Chapter

The school hosted the IC3 Counsellor Forum – Punjab Chapter, bringing together principals and counsellors from across Punjab to strengthen career counselling practices.



DISHA X Career Carnival 2026



DISHA X Career Carnival 2026 brought together 80+ universities and over 5,000 students and parents, offering a dynamic platform for exploring higher education and emerging career pathways. Through expert interactions, personalised counselling, and global university participation, the event empowered students to make informed, future-ready academic and career choices.

PARAM ANUBHUTI
(Summer Internship Programme)



To gaining an immersive learning experience beyond the classroom. Students visited leading universities, industries, and Rashtrapati Bhawan.



An enriching Summer Internship Programme at PCTE.

E-Waste Management Awareness Session

Our school participated in an **E-Waste Management Awareness Session** conducted by Green Bird Recycling. Students contributed e-waste from home and learned about its hazards, responsible disposal and recycling through an interactive session.



Book Donation Drive

As part of its commitment to SDG 4: Quality Education, the school donated 1,500 books to Helping Hands NGO. Students from all wings actively contributed by donating old textbooks, school bags and stationery items.



GREEN BIRD RECYCLING

ADDRESS : 223, HADBAST, VILLAGE MANDIANI, MACHHIWARA ROAD, KH-NAN, DISTT. LUDHIANA. (PB.)

E-mail : nilk@greenbirdrecycling.in Web : www.greenbirdrecycling.com

Mobile : 70199 69710, 64669 10000

CERTIFICATE

OF SEMINAR CONDUCTANCE ON E-WASTE AWARENESS

This is to certify that GREEN BIRD RECYCLING COMPANY Successfully Conducted seminar on E-WASTE AWARENESS at ...BCM ARYA MODEL SR SEC SCHOOL..... Ludhiana. ON 29th MAY, 2026.

The Seminar was well received by the students and faculty and appreciate the efforts of ...BCM ARYA MODEL SR SEC SCHOOL..... for giving us the opportunity for providing valuable insights and knowledge on E-WASTE. The seminar aimed to educate students about the importance of E-WASTE disposal and its environment impact.

We appreciate the enthusiasm and participation of the student and faculty and we're confident that the knowledge shared will have a lasting impact.

For Green Bird Recycling
Managing Director



Green School Programme

Small Green Steps, Shaping a Greener Future



Jal Pakhwada– Jal Shakti Abhiyan

Under the Jal Shakti Abhiyan, Jal Pakhwada featured creative awareness activities, including posters, nukkad natak and a Water Pledge, promoting the message of water conservation.

Mission LIFE–

"Ek Ped Maa Ke Naam"

A **Plantation Drive was conducted under Mission LIFE** – *"Ek Ped Maa Ke Naam"*. As part of the initiative, 1,200 saplings were distributed among students, teachers and Class IV employees. The event was organised in collaboration with Dainik Bhaskar, DMC and Team JJS.









Project Elephant

Under Project Elephant, our school conducted an awareness drive under the aegis of the Ministry of Environment, Forest and Climate Change, in collaboration with the Government of Assam. Kindergarten students participated in an awareness rally, while senior students carried placards to spread awareness about elephant conservation.

"A person who never made a mistake never tried anything new." –*Albert Einstein*

EARTH DAY



Celebrating Earth Day with purpose, BCM Aryans embraced sustainability through the Earth Day Pledge, Plantation and *Beejaropan* drives, bio-enzyme making, eco-journals, poster-making and creative displays, inspiring young minds to nurture and protect the planet.



Cleanliness Drive

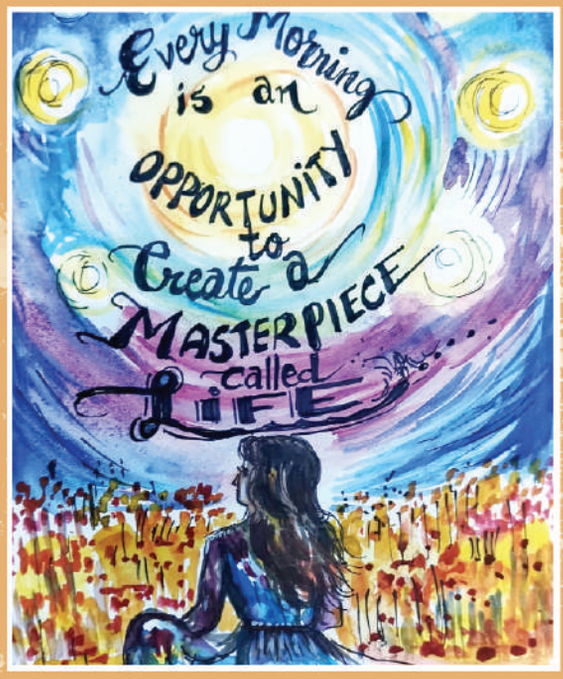
Championing the spirit of Swachhta, 1200 students of Classes VI–VIII took the Swachhta Pledge, cleaned classrooms and collected garden waste. The initiative fostered teamwork, responsibility and pride in keeping their school clean.

Roaring for WILDLIFE: AWARENESS DRIVE



Under the IBCA (International Big Cat Alliance) initiative, BCM Arya organised a Big Cat Conservation Awareness Drive to sensitise students to the importance of big cats in maintaining ecological balance and biodiversity. Through a conservation pledge, awareness videos and a student rally carrying powerful messages, students pledged to protect wildlife and preserve ecosystems.

Quote of the Quarter



By : Mrs. Henna Soni (Co-Editor)
Designed by : Ms. Davinder Kaur

Department of Skill Education

Commerce with Financial Skills

JOURNEYS THAT INSPIRE : EXPERIENCES THAT ENRICH



Insightful Session with Industry Expert Mr. Shivam Gaba on Financial Markets



Industry Visit at Master's Union



Insightful Session on Corporate Governance & The Path To Becoming a CS by **CS Kanchan Bhatia,** Chairperson of the Ludhiana Chapter of Nirc of ICSI

Industry visit to BML Munjal University, Gurugram







Summer Internship at Ludhiana Stock Exchange



Mr. Bhupinder Singh attended a two-day Pilot CBP on Kaushal Vikas organised by CBSE at its New Delhi office.

An informative session for the students of Class XII Commerce with Financial Skills (CFS) and Commerce with Finance & Technology (CFT) on the "Overview of the Indian Securities Market and Its Current Trends" by **Mr. Vikas Gupta, Chief Compliance Officer, Master Trust Ltd., Ludhiana.**



National Stock Exchange Academy Limited facilitated a **short-term course** on Financial Modelling and Valuation for the city students at BCM Arya.

AI (Artificial Intelligence)



Manik Sood (XII CFS), received the Best Youngest Entrepreneur Award, presented by Mr. Sandeep Patil at the Indian Icon Awards & Education Icon Awards 2026.

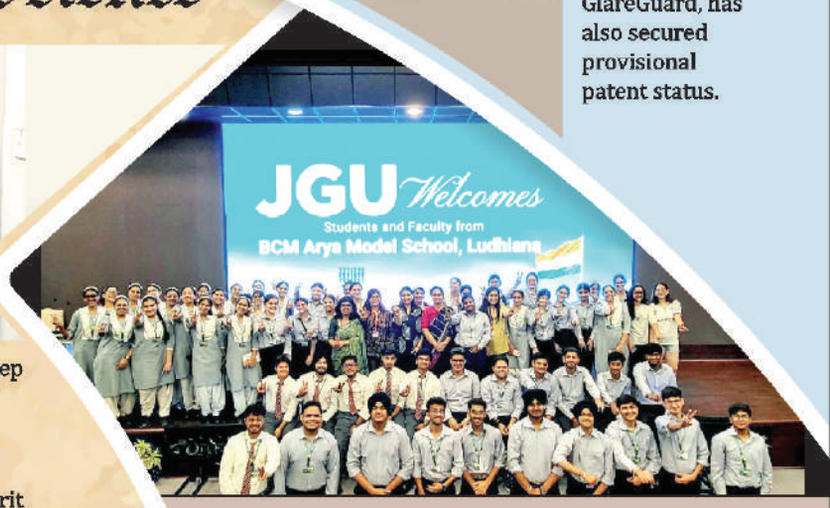


Harshveer Singh (XI NMC) and **Manik Sood** (XII CFS) designed and built CyberU, a fully operational electric car with a 50 km/h top speed and 40-45 km range. Their innovation, GlareGuard, has also secured provisional patent status.

Mass Media/ Data Science



Visit to the District Public Relations Office (DPRO) Mr. Prabhdeep Singh Nathowal, Deputy Director (DPRO).



Educational Exposure at O.P. Jindal Global University



Under the Cyber Jagrit Bharat Initiative, BCM Arya conducted a series of cyber-safety, AI-awareness, Data-protection, Cyber Parenting and Safe Aadhaar initiatives from April to August 2026. Through Cyber Jaagrookta Diwas, creative awareness activities and Tech Kavach at TechManthan 4.0, the school fostered safe, responsible and informed digital citizenship.



Educational Visit to MAAC Academy



Hands-on learning in composition, lighting, and visual Storytelling Participation in Photo Walk by Fujifilm



A session on Animation and VFX Industry by Ms. Riya Arora



Photography & Videography Workshop by Canon Expert Mr. Dalveer

Fashion Designing/ Beauty & Wellness/ Food Production



Visit to Ludhiana Beverages Pvt. Ltd.



Students of Classes XI–XII (Entrepreneurship & Fashion Studies) attended an enriching session with **Ms. Vanshika Mittal.**





Hands-on beverage workshop by **Mr. Hardeep Singh, Beverage Manager, Barisco (Veeba)**

A professional visit to **Fashion TV Salon and Academy** gave students of Class XI (Beauty and Wellness) practical exposure to Hydra Facial, advanced skincare and salon equipment.

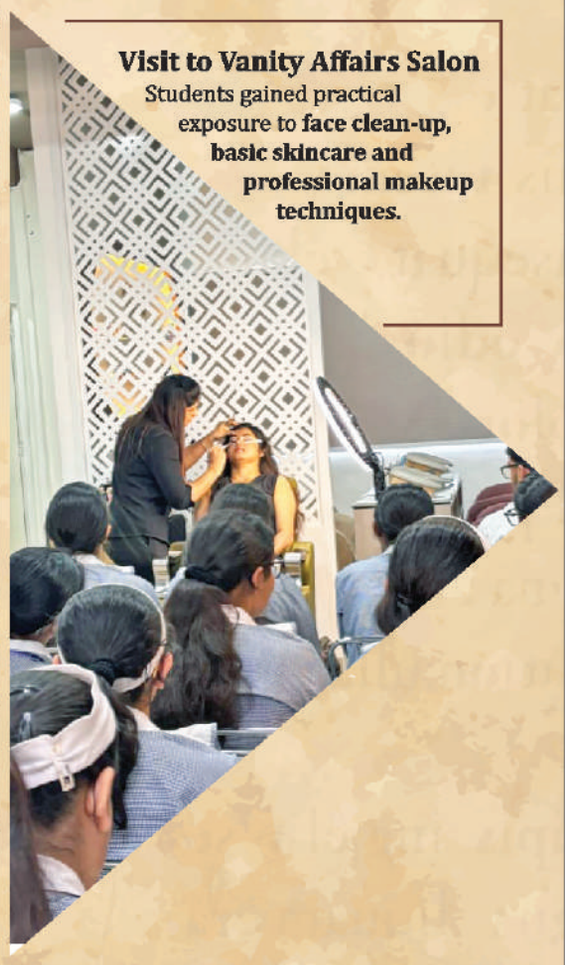




Vsit to Orane International School of Beauty and Wellness.

Visit to Vanity Affairs Salon

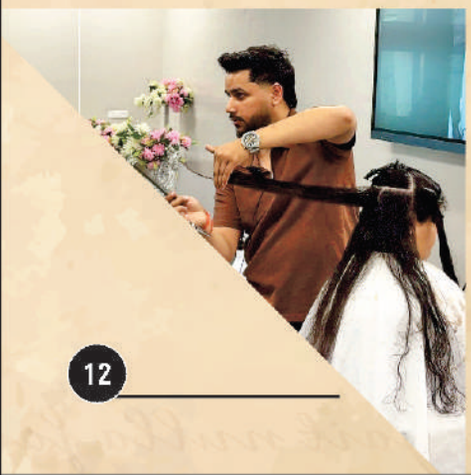
Students gained practical exposure to **face clean-up, basic skincare and professional makeup techniques.**



A live skincare clean-up demonstration by Ms. Mehak Grover, Founder, The Vanity Affair



A hands-on session with **Mr. Sushant, owner of Saint Barber Salon**

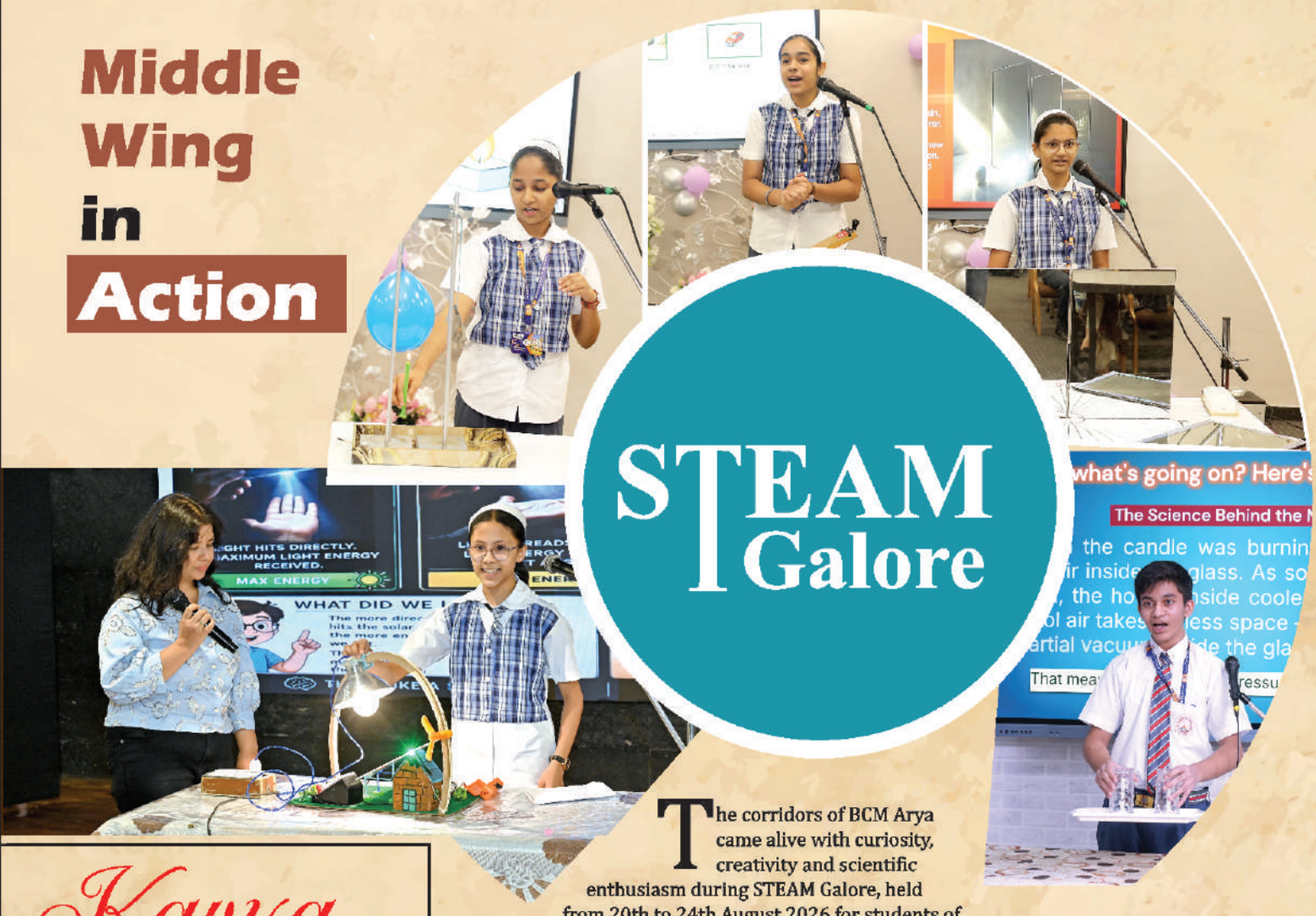




Food Production and Home Science learners of Classes XI and XII attended a session by **Ms. Bhavya Dhir, Registered Dietitian, under CBSE's YICC 2026–27,** exploring balanced nutrition, healthy cooking, sustainability, mindful consumption and food waste reduction.

"Difficulties in life are meant to make us better, not bitter." –*Dan Reeves*

Middle Wing in Action



STEAM Galore

The corridors of BCM Arya came alive with curiosity, creativity and scientific enthusiasm during STEAM Galore, held from 20th to 24th August 2026 for students of Classes VI–VIII. The event witnessed an inspiring blend of curiosity, experimentation and imagination. Each presentation reflected the students' willingness to question, explore and create solutions. Their innovative ideas and enthusiastic participation truly embodied the spirit of STEAM education.

Kavya Munch

Bringing Hindi and Punjabi literature alive, Kavya Munch celebrated poetic brilliance through soulful recitations and a lively Poetry Antakshari, bringing out the creativity, confidence, and spontaneity of the students.



Rhythm and Moves

A Kaleidoscope of Rhythm and Expression



Bringing rhythm, movement, and music together, Rhythm and Moves, a vibrant dance and music competition for Classes VI–VIII, showcased students' talent, creativity, and artistic expression through captivating performances, vibrant costumes, creative props, and engaging music.



Celebrating Excellence

Pride, Prestige & Progress



Dr. Anuja Kaushal
Principal

- Received a Certificate of Recognition by HCL Jigsaw for outstanding leadership in fostering innovation and critical thinking among students.
- Received a Certificate of Appreciation by the Deputy Commissioner, Ludhiana, for remarkable contribution and unwavering support to Mission Swasth Kavach.
- Recognised with a Certificate of Appreciation for valuable contribution as an Ambassador of Space & Astronomy Education, supporting NASO.
- Earned an Appreciation Certificate from Twinning Owl for The India Quiz, in recognition of inspiring leadership, fostering love for India's rich culture and heritage, and guiding young learners to cherish and carry forward India's timeless traditions.
- Conferred with a Certificate of Recognition and the Post-AI Education Changemaker Award at the Future Alliance – Premium Schools Post-AI Summit, in recognition of leadership in shaping institutions for the post-AI era and accelerating the transition towards technology-singularity-ready education.
- Received an Appreciation Certificate by Dialogues in Education for outstanding performance as a distinguished speaker in the webinar, "Artificial Intelligence + Human Expertise: Where Trust, Personalization and Efficiency Converge."
- Bestowed with the Award of Honour by Navchetna Bal Bhalai Committee.
- Honoured with the Fliers Awards 2026 by Ralson Tyres.
- Bestowed with the SA Indian School Award for outstanding educational vision, presented by RoboChamps in collaboration with venue partner CT University.

Meetings & Professional Engagements

- Participated in the LSSC meeting held on 16 April 2026 at Sacred Heart Senior Secondary School.
- Coordinated the LMA Event at PCTE – Startup Launched, serving as Chairperson, Institutes & Training.



Pillars of Our Success

Empowered through continuous learning and professional growth

Programme	Attended By	Resource Person (s)	Venue
Hands-on Training in Modern Biology Teaching	Ms. Sonakshi Talwar	Dr. Prashant, Dr. Monika, Dr. Arshdeep	Plaksha University
AI in Python and in Mathematics Education	Mrs. Gurpreet	Suresh Kumar	Plaksha University
Crucial Conversation for Educators, Parents, Colleagues, and Moments that Matter	Ms. Harpreet	Ms. Tapsi Chhabra	BCM Arya
Generative AI in Education	Ms. Maninder Kaur	Ms. Arpit Solanki, Ms. Taruni Gupta	BCM Arya
Thrive Trust	Primary and Middle Wing Teachers	Ms. Shweta Cama	BCM Arya
Thrive 360 Degree	Primary Teachers	Dr. Ramandeep Saini	BCM Arya
Accountancy Teacher Workshop on AI Tools and Competency-Based Assessment	Ms. Kanchan Kapoor, Ms. Monica Makkar, Ms. Pooja Katyal, Mr. Amit	Mr. R.K. Khosla, Mr. G.S. Garewal	BCM Arya
Case Paper Presentation at DLD	Mrs. Maninder Kaur	Mrs. Maninder Kaur	Dugri, BCM School Dugri
Pedagogical Approaches for Critical and Creative Thinking	Miss. Har Simran	Mrs. Manu Prashar	Bharatiya Vidya Mandir

Strengthening Skill-Based Education

BCM Arya Hosts CBSE PRP Training Programme on 'Kaushal Vikas'



Strengthening its commitment to skill-integrated education, BCM Arya hosted the CBSE Professional Resource Person (PRP) Training Programme on 'Kaushal Vikas' under the aegis of LSSC, focusing on the mandatory implementation of Kaushal Vikas in Classes IX and X. The programme brought together **66 Principals and educators from schools** across Ludhiana and served as a dynamic platform for strengthening competency-based teaching practices envisioned under NEP 2020 and NCF-SE 2023.

The programme was graced by **Mr. R. P. Singh**, Associate Professor and Additional Director, Department of Skill Education, CBSE, while the academic sessions were expertly steered by distinguished resource persons **Dr. Shyda Rana**, Independent Education and Institutional Improvement Consultant, and **Dr. Sonia Mago**, Principal, Swami Sant Dass Public School, Jalandhar.

Champions in the Making
SPORTS

Yoga

Our students **(U-9 to U-18)** won **18 Gold, 4 Silver** and **2 Bronze medals** in **10th Open Punjab State Yogasana Championship** at **Clay World School, Ludhiana**



Guinness World Record

Praneet Kaur of Class VI-G has brought immense pride by earning a prestigious Guinness World Records title for the "Most Hula Hoop Rotations in 30 Seconds Around a Hair Bun." She achieved an astounding 86 rotations in 30 seconds, surpassing the previous record of 61 by 25 rotations.



Gymnastics

Our talented young gymnast **Shanya (IV-I)** earned a **Gold Medal** in **Sub-Junior All India Hoop Competition** at Delhi.





Swimming
Triumph at PAU

Our talented swimmer **Harsheen Kaur** of Class VIII-I emerged as the winner of a swimming competition held at Punjab Agricultural University (PAU).

"It does not matter how slowly you go as long as you do not stop." –*Confucius*

LSSC ACHIEVEMENTS

CHESS

Our commendable chess players showcased exceptional strategic acumen at the **Sahodaya Complex Ludhiana Chess Competitions.** The **U-19 Boys** and **U-19 Girls** team **secured First Position,** while the **U-14 Girls** team bagged **Second Position** and the **U-14 Boys team** secured **Third Position,** bringing laurels to the institution.

U-14 Boys: Third Position

1.	Darsh Goel	VIII-G
2.	Lakshay Madaan	VIII-H
3.	Gurmanpreet Singh	VII-F
4.	Abhiraj Puri	VII-E
5.	Abhayjeet Singh	VIII-C

U-19 Boys: First Position

Aarnav Juneja	V-F
Atmik Tyagi	VIII-B
Pranav Bansal	XI NM-A
Dikshant	X-B

U-14 Girls: Second Position

1.	Vidhi Madaan	VII-G
2.	Hargundeep Kaur	VIII-A
3.	Charvi Jain	VI-E
4.	Prabsimrat	VI-F
5.	Asses Kaur	VI-B

U-19 Girls: First Position

Asmi Dhand	V-F
Gurshaan Kaur	XII-CSF
Yukti	XII Med.
Asses Kaur	VI-B
Ashwika	VI-A





HEALTH CLUB

(Nurturing Health, Nourishing Minds)

Session on Adolescent Health and Emotional Regulation



An AEP session sensitised students to adolescent changes, focusing on emotional regulation, stress management, mindfulness and healthy communication, empowering them to navigate adolescence with confidence and resilience.

Gut Health Awareness Session

BCM Health & Wellness Club, in collaboration with Yakult Co. Ltd., organised an engaging session for Class VI on gut health, probiotics, digestion and immunity, encouraging students to make informed dietary choices and adopt healthier habits.



World Health Day Celebration

World Health Day was observed across all wings through engaging activities promoting health, hygiene and well-being. Awareness sessions, creative activities and the Health Pledge inspired students to make informed, healthy choices and embrace a healthier lifestyle.



The Adventure of Invisible Air

Nursery students explored the fascinating process of breathing through a storytelling session and balloon lung model, learning about fresh air, exercise and healthy lungs in a fun, age-appropriate way.

Kindergarten Kaleidoscope

PRELUDE – *The First Chapter*

The "Prelude" Open House for Nursery students marked the beginning of a beautiful new chapter in their school journey. The day brought together little learners, parents, and teachers in an atmosphere filled with warmth, excitement, and cheerful anticipation. Through engaging activities and meaningful interactions, the event nurtured the first bonds between students and their teachers, helping them feel comfortable and welcomed in their new environment. More than an introduction to school life, Prelude was a gentle first step towards building confidence, connection, and a lasting sense of belonging.


Rhythm In Every Step


Learning the Life Skills








Rainbow is our vibe
Grow happy





Rang Raunak Baisakhi


The Good Health Champions



Pedalling for Greener tomorrow




Celebrating the Spirit of Punjab


A Little Planet, A Big Promise


Sowing the seeds of Hope

"Shoot for the moon. Even if you miss you'll land among the stars." –*Les Brown*



A Moment of Pride

Inspirations Always

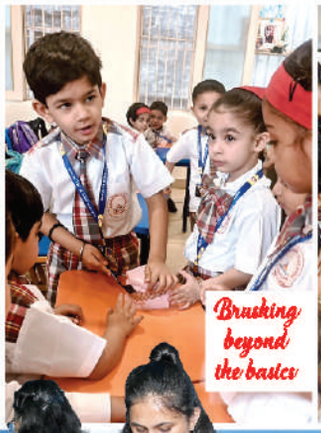
Her Rhythm, Her Joy, Her Day



Bringing Poetry to Life



A Rainbow on our Plate



Brushing beyond the basics



Clean Hands, Healthy Lives





Crafting with Love



Red, Ready, Radient



Seeing Red, Feeling Red



Cooking up Love & Memories



Petals and Passion



Blue Hues, Happy views





Pet Pals, Soft Hugs

PRIMARY
The Early Learning
SPECTRUM







TURN THE TABLE - "Where Every Twist Tells a Tale."



Vedic Declamation



"An investment in knowledge pays the best interest." –*Benjamin Franklin*



Drishtikon– "A New Perspective," unfolded as a captivating journey of ideas, imagination and questioning, presented by the students of Class III. Engaging an audience of more than 420 students, the presentation explored thought-provoking ideas through a vibrant blend of drama, role-plays and creative performances. The young learners encouraged the audience to look beyond the obvious, challenge conventional thinking and question what is often accepted without reflection.



TATHYA TARANG

Unravelling the Science Behind Everyday Phenomena

Tathya Tarang emerged as an immersive platform for experiential learning, bringing Mathematics and Science to life through hands-on experimentation and inquiry-based exploration. More than 430 students of class 4 participated enthusiastically, investigating the scientific principles and mathematical reasoning underlying familiar phenomena. Through carefully designed experiments, observations and evidence-based exploration, students moved beyond learning facts to questioning, analysing and uncovering the logic behind how and why things happen. The initiative fostered scientific temper, critical thinking, curiosity and a deeper appreciation of the interconnectedness of knowledge, making learning an engaging and meaningful experience.

सच्ची देशभक्ति

भरतपुर गाँव में 15 अगस्त की तैयारी चल रही थी। हर घर पर तिरंगा लहरा रहा था। सब उत्साहित थे लेकिन बारह वर्षीय आनंद अपनी ही उधेडबुन में था। अध्यापिका जी ने सब बच्चों के लिए 'सच्ची देशभक्ति' विषय पर एक निबंध लेखन प्रतियोगिता का आयोजन किया था। वह सोच नहीं पा रहा था कि सीमा पर लड़े बिना वह इस विषय पर कैसे लिखे?"

शाम को उसने अपनी दुविधा दादा जी को बताते हुए पूछा, "दादा जी! देशभक्ति दिखाने के लिए तो सीमा पर लड़ना जरूरी है, पर मैं तो छोटा हूँ। मैं निबंध प्रतियोगिता में क्या लिखूँ?"

दादा जी उसका प्रश्न सुनकर मुस्कुराए और बोले, "बेटा, देशभक्ति सिर्फ वर्दी नहीं है। देशभक्ति विज्ञान, सेवा और कर्त्तव्य है।" आनंद को कुछ समझ नहीं आया। असमंजस के भाव उसके चेहरे पर देखकर दादा जी मुस्कुराकर बोले, "बेटा! सन् 1998 में



जब भारत ने परमाणु परीक्षण किया था, तब दुनिया ने हम पर रोक लगा दी थी। उस समय डॉ. ए.पी.जे. अब्दुल कलाम सरीखे हमारे वैज्ञानिकों ने रात–दिन एक करते हुए बड़े परिश्रम से मिसाइल बनाई और देश को सुरक्षित किया। उनकी यह देशसेवा भी देशभक्ति की ही मिसाल है। अगर कल तुम भी कोई कंप्यूटर ऐप बनाकर किसानों की मदद करोगे तो वह भी देशभक्ति ही कहलाएगी।" उनकी बातें सुनकर आनंद प्रसन्न हो गया।

अगले दिन अचानक गाँव में बाढ़ आ गई। सड़कें टूट गईं, बिजली गुल हो गई। सुमन दीदी जो शहर में डॉक्टर थीं, छुट्टी लेकर गाँव आ गईं। 3 दिन तक बिना सोए मरीज देखे। प्रधान जी ने खाना–पानी बंटवाया। गाँव के युवाओं ने मिलकर बाँध बनाया।

दादा जी ने आनंद से कहा, "देखो आनंद! सुमन दीदी ने वर्दी नहीं पहनी, पर सैंकड़ों जानें बचाईं। प्रधान जी ने भी अपना घर न देखकर गाँव वालों के प्रति अपना कर्त्तव्य निभाया। यह सेवा भी देशभक्ति ही है।"

बाढ़ के बाद गाँव में बीमारी फैल गई। हर जगह कचरा और गंदा पानी था। आनंद को लगा कि वह सीमा पर नहीं लड़ सकता तो क्या? संकट की इस घड़ी में गाँव वालों को बचाने के लिए एक छोटी–सी कोशिश तो कर ही सकता है। बस, उसने अपने दोस्तों के साथ मिलकर 'स्वच्छ भरतपुर अभियान' चलाया। विज्ञान की मदद से उन्होंने पानी को उबालकर पीने लायक बनाया। गाँव का नक्शा बनाकर नालियों की सफाई की। एक महीने में गाँव फिर से साफ हो गया। प्रतियोगिता का दिन आया तो आनंद ने लिखा, "सच्ची देशभक्ति तब है जब एक वैज्ञानिक लैब में देश के लिए काम करे; जब एक डॉक्टर मरीज की सेवा करे; जब एक छात्र कचरा न फेंके और पेड़ लगाए। देशभक्ति का सही मतलब है–'पहले देश, फिर मैं'।

तालियों की गड़गड़ाहट के बीच आनंद को पहला पुरस्कार मिलते देख दादा जी की आँखों में खुशी के आँसू थे।

प्यारे बच्चो! देशभक्त बनने के लिए सरहद पर जाना ज़रूरी नहीं। जब तुम सच बोलते हो, कचरा नहीं फैलाते, मेहनत से पढ़ते हो और सबकी मदद करते हो, तब तुम भी एक सच्चे देशभक्त बन जाते हो।

याद रखो; देश तभी आगे बढ़ेगा, जब हम सब अपना–अपना कर्त्तव्य निभाएँगे।

जय हिंद!

डॉ. अनु शर्मा कौल
हिंदी विभागाध्यक्षा



Psychology Corner

PERMA : *Are You Just Existing or Actually Living?*

Dear Students,

Every day you wake up, come to school, attend classes, complete assignments, prepare for Exams, Scroll through screens, and sleep only to begin again.

But in the rush to "do well," have you ever wondered, "Am I actually living well?"

Psychologist Martin Seligman's PERMA Model suggests that well-being is more than happiness. It is built on five simple ingredients:

P– Positive Emotions: Notice joy, gratitude and hope in everyday moments.

E– Engagement: Find something that absorbs you so completely that you lose track of time.

R– Relationships: Stay connected to people who make you feel valued and supported.

M– Meaning: Know what matters to you and let your actions serve a purpose.

A– Accomplishment: Celebrate progress, efforts and small wins-not just perfection.

A quick PERMA Check-in
Rate yourself 1–5:

P – Do I notice the good?
E – Do I feel deeply involved in what I do?
R – Do I feel connected?
M – Do I have a sense of purpose?
A – Do I recognise my progress?

Your lowest score isn't a failure-it is simply where you may need more attention.

A meaningful life isn't a perfect life. You can struggle, feel lost and still grow.

So, beyond asking "Am I doing well?", pause and ask: "Am I living well?"

Sukriti Sidana
Senior Psychologist

Celebrating Moments, Creating Memories

Father's Day



On Father's Day our Students expressed their affection and gratitude through heartfelt expressions, making the occasion a memorable celebration of the cherished father-child bond.

World Music Day

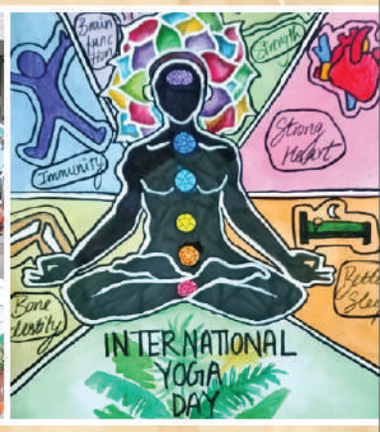
Our Music Department commemorated World Music Day with a heartfelt musical presentation. A soulful video composed and performed by the school's music faculty, paid tribute to music as a timeless source of joy, peace and inspiration.



Embracing Wellness through International Yoga Day

In alignment with the CBSE and Ministry of **AYUSH initiative** for the **12th International Day of Yoga** 2026, International Yoga Day was celebrated with great enthusiasm. The occasion was enriched by the presence of **Prof. Sanjeev Tyagi, Founder of Everest Yoga & Pilates Institute, Ludhiana,** who inspired students to embrace mindful living, breathe with awareness and cultivate inner balance.

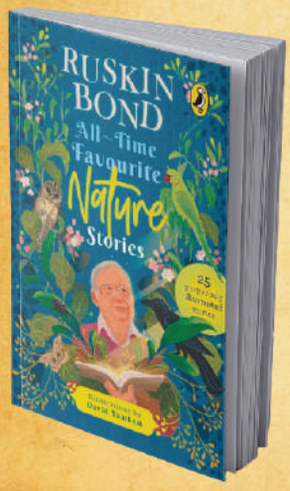




Let us Read

Junior Library

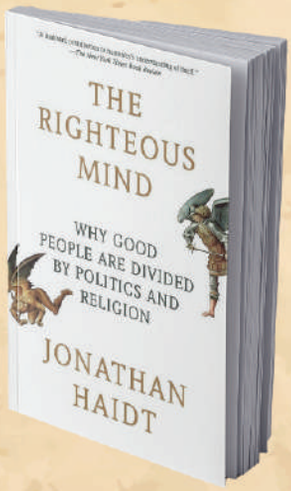
Total No. of Books : 11505
Name of the Book : All Time Favourite Nature Stories
Author : Ruskin Bond
Book Review : All-Time Favourite Nature Stories by Ruskin Bond is a delightful collection that beautifully captures the charm of nature. The simple, engaging stories convey valuable lessons about kindness, friendship, compassion, and caring for the environment. Bond's vivid descriptions and easy language make every story enjoyable and memorable. Children love this book as it deepens their appreciation for nature. A heartwarming read that is highly recommended for young readers!



Senior Library

Total No. of Books : 20330
Name of the Book : The Righteous Mind
Author : Jonathan Haidt
About the Book : The Righteous Mind by Jonathan Haidt is a thought-provoking exploration of why people hold different moral and political beliefs. Haidt introduces six moral foundations–Care, Fairness, Loyalty, Authority, Sanctity, and Liberty–and shows how people may prioritise them differently. His striking idea that humans are "90% chimp and 10% bee" beautifully captures our dual nature: selfish as individuals, yet capable of remarkable unity as groups. The book's central message is powerful–to change minds, we must first understand what others value rather than simply argue with them.

A fascinating read that deepens our understanding of human nature, morality, and society.









Independence Day

A Celebration of Pride & Patriotism



Patriotism soared high as the school celebrated India's 79th Independence Day with immense pride and enthusiasm. The campus resonated with patriotic fervour, vibrant performances and the tricolour spirit, as students came together to honour the nation's freedom and legacy. A powerful celebration of unity, pride and the indomitable spirit of India!

Skillfully Edited by : **Ms. Pooja Arora**

Supportively Co-edited by : **Ms. Henna Soni**

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